



Useful Vision provides positive opportunities and activities for vision impaired children aged 0-19 and their families in the North East.

Join us in May & June 2018!

Bounce Early Years Group at Bede Tower, Sunderland. Early years group for babies and young children with visual impairment and their siblings. Bounce is also open to younger siblings of the VI child who may now be at nursery or school. Children can enjoy exploring the soft play area, followed by a sing-along session. Feel free to attend for a part session if you can't make the full session. **Tuesdays 8th May & 5th June, 1.15-2.45pm.**

Stephenson Railway Museum, North Tyneside. Travel back in time with a visit to the Stephenson Railway Museum on SRM E4 Electric Engine Day. There will be junk and clay modelling along with other crafts and a chance to dress up in Victorian clothing and enact the parts of railway staff and travellers. The museum visit will end with a steam engine ride to Percy Main and back in authentic vintage carriages. **Sunday 13th May, 10am-12pm.**

Skills Workshops at Skills 4U NE, Cramlington. Increase confidence and gain more independence. Opportunities to learn new skills and take part in a range of activities and taster sessions. Take ownership of projects and be involved in planning activities. Each session has a different theme and children can join at any stage. Suitable for VI children aged 9 years and over. **Saturdays 19th May & 16th June, 10am-12.30pm.**

Animal Care Awareness Course at Jarrow Hall, South Tyneside. Learn the fundamentals of animal care at Jarrow Hall's Anglo-Saxon demonstration farm. Practice handling small animals, learn how to check animal welfare and contribute to practical tasks to keep the animals safe and healthy. Suitable for children aged 8 years and over. **Tuesday 29th & Wednesday 30th May, 10am-2.30pm.**

Football Coaching Session with Newcastle United Foundation at Walker Dome, Newcastle. This introduction session will contain skills challenges, fun games and small-sided games. Children can progress to regular football coaching sessions if they enjoy the introduction. Suitable for visually impaired children and their siblings aged 5-16. **Thursday 31st May, 10am-12pm.**

Darlington Music Forum. Join us for a Useful Vision Singing and Music Workshop! Children will be working with Studio engineer and vocal coach singer songwriter Hayley McKay. Children can record their own song and receive a CD copy. **Friday 1st June, 11am-3pm.**

Hartlepool Maritime Experience. Travel back in the mari-time machine and experience how it was aboard a real British naval frigate, two centuries ago. Explore the historic quayside which features historic houses and shops. Enjoy a tour around HMS Trincomalee, Britain's oldest warship afloat, by a guide in authentic period dress. Take part in our rope making workshop, treasure hunt and watch the cannon and musket displays. Young pirates and sailors can jump aboard the children's playship for their own seafaring adventures and explore the Children's Maritime Adventure Centre. **Sunday 3rd June, 11am-3pm.**

Segedunum Roman Fort, Wallsend. Make your own pre-historic pots with clay and enjoy tours of the gallery and fort. Lots of tactile and interactive exhibits and children are able to explore all aspects of life in a fort, including object handling and dressing up in authentic uniforms. **Sunday 10th June, 10am-12pm.**

Water Sports Activity at Druridge Bay, Morpeth. Water sports activities on the lake. Have a go on the Stand-up Paddleboards, sit-on-top kayaks and sailing. Suitable for children aged 5 and over. **Saturday 23rd June, 12.30-3.30pm.**

If you have a vision impaired child and would like to register with Useful Vision or are already registered with Useful Vision and would like to attend an activity, please contact the office on 0845 604 8491 or email office@usefulvision.org.uk. Registration for families with a vision impaired child is free and most activities are free to attend.