

Clinicians commissioning healthcare
for the people of Northumberland



Northumberland
Clinical Commissioning Group

What the NHS wants from the voluntary sector.

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The Long Term Plan

- In June 2018, the Prime Minister made a commitment that the Government would provide more funding for the NHS for each of the next five years, with an average increase of 3.4% a year.
- In return, the NHS was asked to come together to develop a long term plan for the future of the service, detailing our ambitions for improvement over the next decade, and our plans to meet them over the five years of the funding settlement.
- That plan has now been published.



What the NHS Long Term Plan will deliver for patients

The working groups have developed a range of specific ideas and ambitions for how the NHS can improve over the next decade, covering all three life stages:

- Making sure everyone gets the best start in life
- Delivering world-class care for major health problems
- Supporting people to age well



Delivering the ambitions of the NHS Long Term Plan

To ensure that the NHS can achieve the ambitious improvements for patients, the NHS Long Term Plan also sets out actions to overcome the challenges that the NHS faces, such as staff shortages and growing demand for services, by:

1. Doing things differently
2. Preventing illness and tackling health inequalities
3. Backing our workforce
4. Making better use of data and digital technology
5. Getting the most out of taxpayers' investment in the NHS



Long Term Plan

Primary Care Networks

- Essential building block to an **Integrated Care System**
- **dissolve the historic divide** between primary and community health services
- provision of **proactive, accessible, coordinated and more integrated primary and community care** improving outcomes for patients
- **populations no smaller than 30,000 and 50,000 or over**
- **small** enough to still provide **personal care**
- large enough to have impact through deeper **collaboration between practices and providers in the local health community**



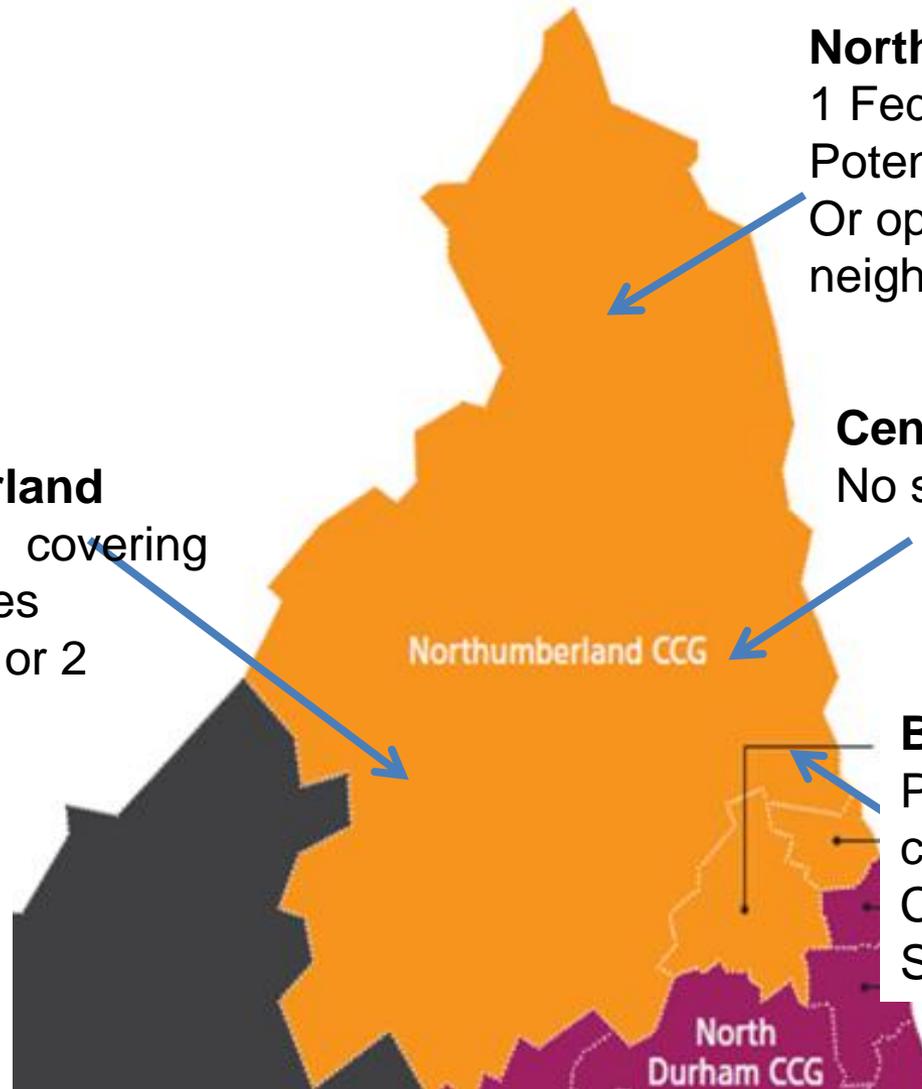
Northumberland initial picture

West Northumberland
1 Federation covering most practices
Potentially 1 or 2 Networks

North Northumberland
1 Federation
Potential 1 or 2 Networks
Or opportunity for neighbourhoods

Central Northumberland
No single federation

Blyth Valley
Potential networks covering Blyth & Cramlington / Seaton Valley



Northumberland CCG

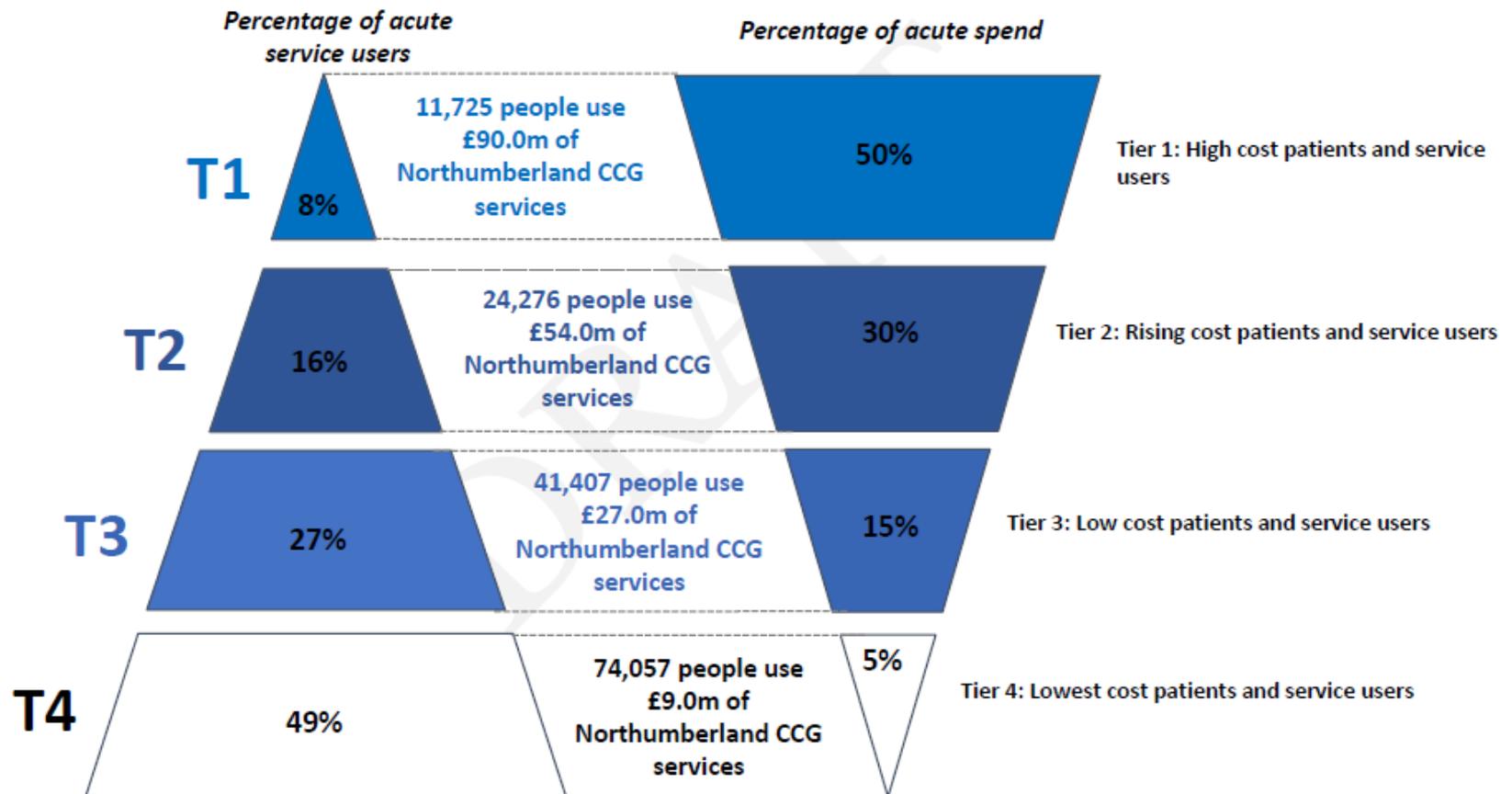
North Durham CCG

What happens next

- Integrated Care Systems (ICSs) - North East
- Integrated Care Partnerships (ICPs) – North of Tyne
- Place based - Northumberland
- Primary care networks (PCN)



Changing from a sickness service to 'empowering our people and communities to live long healthy lives at home'



Why focus on empowering people and communities?

We can't improve health outcomes without engaging with people and communities and empowering people to take a control of their own care.

We know that:

- People who have the knowledge skills and confidence to manage their own health, feel in control of their care and experience better health outcomes
- There is clear evidence that disease-specific education can have a profound effect on people's symptoms and health, significantly improving their quality of life
- Patient activation is a better predictor of health outcomes than known socio-demographic factors such as ethnicity and age



Coming together to form a systematic and seamless approach to empowering people and communities



What matters to you?

Building
healthy and
resilient
communities

Supporting
self-care
and patient
activation

Involving
patients in
co-design of
pathways

Education
programme

Workforce



Our approach

Working in partnership with communities to build public health and well being

To build healthy and resilient communities to promote and maintain health and well being

Support self-care and patient activation

Supporting people to have the confidence knowledge and skills to live and care well with a long term health condition



Feedback and assurance

- Communication
- Collaboration
- Calderdale example
- Practical approach
- Out of hospital forums...



Empowering our
communities to live long
and healthy lives at
home



What matters to you?

**Living healthily and
independently at home**

**Healthy resilient
communities**

**Supported carers and
families**



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**Northumberland
Clinical Commissioning Group**

Thank you

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